The Recipe Browser window actually looks more like a recipe box than a window. Its main feature is a set of Recipe Box Tabs at the top. These tabs divide recipes into Categories. Clicking on one of these tabs brings it to the front and displays a list of recipes in that Category (Italian dishes, say, or Salads).

You can change the nature of the tabs (for example, whether they show Courses or Nationalities or Main Ingredients) using the pop-up menu at the bottom left of the recipe list (it is labelled according to what tabs are currently in use, and it is marked with a downward-pointing triangle). The last item on this pop-up menu allows you to edit the set of tabs that are currently shown on the box.

The set of tabs under which a recipe appears is determined by the Categories given for the recipe in editing it, or in the case of Main Ingredients, by the recipe's Ingredient List. Since you can put any recipe into many different Categories (or mark several Main Ingredients), any recipe may appear under more than one tab.